



Written Directions

Kaizen Karate

40 East Road, Morningside Manor, Gauteng, South Africa.

From the N1 western bypass

Head south on Rivonia Rd towards Sandton.

Turn Left onto Alon Rd

At T junction turn Left into East rd.

First entrance on Right.

From Sandton Central

Head north on Rivonia Rd towards Sunninghill

Turn Right on Alon Rd

At T junction turn Left into East rd.

First entrance on Right.